

# **Maintaining Building Structures**

## **MNE015**

## **Course Description**

This course is designed for engineers, facilities managers, and maintenance personnel involved in the upkeep and preservation of building structures. It provides participants with an understanding of the fundamental principles and best practices for maintaining building integrity, addressing common structural issues, and ensuring the long-term durability of buildings. Participants will gain knowledge on inspecting, diagnosing, and performing maintenance on various building components, such as foundations, walls, roofing, and plumbing systems. The course emphasizes preventive maintenance, safety considerations, and cost-effective strategies to enhance the lifespan of building structures.

## **Course Objectives**

By the end of this course, participants will be able to:

- Understand the key components of building structures and their maintenance requirements.
- Identify common building defects and determine appropriate maintenance solutions.
- Perform structural inspections and diagnostics to assess the condition of building components.
- Develop preventive maintenance plans to reduce repair costs and prolong building life.
- Apply best practices in maintaining foundations, roofing, walls, and other critical structural elements.
- Implement safety measures and compliance standards in building maintenance operations.
- Manage building maintenance projects efficiently, balancing time, cost, and quality.

## Who Should Attend

- Facilities managers and maintenance personnel responsible for building upkeep.
- Structural engineers, civil engineers, and architects involved in building maintenance and inspections.
- Property managers, building supervisors, and construction managers.
- Anyone involved in the planning, inspection, and management of building structures.

## **Course Duration**

5 Working Days



## **Course Outlines**

#### 1. Introduction to Building Structures Maintenance

- Overview of building structures and their importance in ensuring safety and functionality.
- The role of maintenance in prolonging the lifespan of building systems.
- Key components of building structures: foundations, walls, roofing, windows, doors, and plumbing.

#### 2. Structural Inspections and Diagnostics

- Methods for conducting visual inspections of building components.
- Identifying signs of wear and deterioration (e.g., cracks, leaks, corrosion).
- Tools and techniques for diagnosing common structural issues: thermal imaging, ultrasonic testing, and moisture detection.

#### 3. Maintaining Building Foundations

- Understanding foundation types and their maintenance needs.
- Diagnosing common foundation problems: settlement, cracking, and water ingress.
- Techniques for repairing and strengthening foundations.

#### 4. Roofing Systems Maintenance

- Common roofing materials and their maintenance requirements.
- Identifying roofing issues: leaks, damaged shingles, poor drainage.
- Best practices for roof inspections, repairs, and preventive maintenance.

#### 5. Maintaining Walls and Structural Integrity

- Assessing the condition of load-bearing walls and non-load-bearing walls.
- Identifying structural issues: bowing, cracking, bulging, or shifting.
- Methods for repairing walls, including the use of reinforcement materials.

#### 6. Plumbing and Water Management

- Inspecting plumbing systems: pipes, drains, and water supply.
- Diagnosing common plumbing issues: leaks, blockages, corrosion, and water pressure problems.
- Ensuring proper water management to prevent foundation and wall damage (e.g., gutter systems, drainage solutions).



## 7. Maintaining Electrical and HVAC Systems

- Understanding the role of electrical systems and HVAC in building maintenance.
- Common electrical issues and troubleshooting methods.
- Best practices for maintaining HVAC systems, ensuring proper ventilation, and reducing energy consumption.

#### 8. Preventive Maintenance Strategies

- Developing and implementing a preventive maintenance plan for building structures.
- Scheduling regular inspections and maintenance activities to reduce emergency repairs.
- Tracking building performance and identifying early signs of failure.

#### 9. Safety and Regulatory Considerations in Building Maintenance

- Understanding building codes and regulations that impact maintenance practices.
- Ensuring worker safety during maintenance activities.
- Compliance with environmental regulations and sustainability practices in building maintenance.

#### 10. Cost-Effective Maintenance Practices

- Balancing quality and cost in maintenance decisions.
- Strategies for optimizing maintenance budgets while ensuring building safety and efficiency.
- Understanding the lifecycle costs of building components and planning for long-term sustainability.

